

Family Therapy Amidst Difficulty:  
An Ecological Perspective

with

Tony Hoffman, Ph.D.

*University of California Santa Cruz*

[thoffma@ucsc.edu](mailto:thoffma@ucsc.edu), [tonyhoffman@rattlebrain.com](mailto:tonyhoffman@rattlebrain.com)

**Training Outline**

Day Two:

8:30 - 8:45: review; organization of readings on the web page  
handouts (attachment, Satir, tactics, miracle question... )

8:45 - 9:30: Systems in distress: attachment, transitions, risk, and compounded risk  
family narratives

BREAK

9:45 - 11:30: Exercise (perhaps from a local case?): helplessness and transformation  
Resilience and well-being in family systems  
risk reduction, skill enhancement and participant action  
Advances in family therapy tactics for multiple problem children  
Surrounding the child in a supportive context: MST, overcoming  
barriers, and caregiver follow-up  
inviting family consultants  
inviting the problem(s)  
invitations to responsibility

11:30 - noon: Closing discussion

*Handouts and readings for this training can be found on Tony's web site at*

<http://www.tonyhoffmanucsc.net/>

*username: student      password: Family*